



Helping Low-Income San Francisco Seniors and People with Disabilities Thrive at Home and in Their Communities

## Right Now in San Francisco

**20%** of our citizens are Seniors, more than **50%** are low-income and **30%** have at least one disability.

**4%** of City adults 18-59 have at least one disability and **69%** are low-income.

Nearly **30%** of both seniors and people with disabilities *live alone*, and, without support, are in danger of becoming homebound or institutionalized.

*This is where Thriving in Place makes a difference.*



*"With help from my caregiver, I can live happily in my own home and stay connected with my neighborhood friends."*

## How Thriving in Place Helps

*Thriviving in Place helps the 20% of San Francisco's low-income aging and people with disabilities who don't have family or friends to care for them.* Through our partners, the San Francisco Public Authority, we help those in need choose caregivers who assist them with a range of activities like getting to the doctor's office; showering and dressing; getting into a motorized wheelchair; and light cooking and housework.

*Getting help with these simple, essential daily activities means that our people are able to continue to thrive at home and actively participate in their communities instead of being isolated or moved to an institution,* and they are happier and healthier, which means less repeated hospital visits, which benefits our people and the San Francisco community at large. We have our compassionate, committed caregivers to thank for this.



## Why This Matters and How You Can Help

*Without necessary support, low-income seniors and disabled people are among the City's most vulnerable.* It's likely that you know someone who could benefit or who is benefitting from services like this right now, and the need is growing.

*Here's where you come in now...* Every month 60 new people ask for our help finding caregivers. We need to expand the size and scope of our programming, adding more and varied trainings for caregivers and more resources and levels of care for our people. **Your support will guarantee that seniors and disabled people can continue to live independently in their own homes, getting the support they need to remain vibrant members of the San Francisco community.**